## Canteen Menu  
**Semester 1, 2017**

### Hot Food

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sausage Roll</td>
<td>3.20</td>
</tr>
<tr>
<td>Vegetarian Pasty</td>
<td>3.50</td>
</tr>
<tr>
<td><strong>Pies</strong></td>
<td></td>
</tr>
<tr>
<td>Plain</td>
<td>3.50</td>
</tr>
<tr>
<td>Chicken</td>
<td>4.00</td>
</tr>
<tr>
<td>Savory or Potato</td>
<td>4.00</td>
</tr>
<tr>
<td>Egg bacon &amp; Cheese <strong>(GF)</strong></td>
<td>4.00</td>
</tr>
<tr>
<td>Egg fetta &amp; Spinach <strong>(GF)</strong></td>
<td>4.00</td>
</tr>
<tr>
<td><strong>Rooster Roll</strong></td>
<td></td>
</tr>
<tr>
<td>Chicken, lettuce &amp; mayo</td>
<td>4.50</td>
</tr>
<tr>
<td><strong>Burgers</strong></td>
<td></td>
</tr>
<tr>
<td>Vegetarian - Veggie Pattie, Lettuce, tomato &amp; mayo</td>
<td>6.00</td>
</tr>
<tr>
<td>Chicken + salad</td>
<td>5.50</td>
</tr>
<tr>
<td>Beef + salad</td>
<td>5.50</td>
</tr>
<tr>
<td><strong>Pasta</strong></td>
<td></td>
</tr>
<tr>
<td>Bolognaise or macaroni</td>
<td>4.00</td>
</tr>
<tr>
<td>Hot Dog with Sauce</td>
<td>3.50</td>
</tr>
<tr>
<td>Hot Dog with Cheese &amp; Sauce</td>
<td>4.50</td>
</tr>
<tr>
<td><strong>Extra Sauce</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>0.30</td>
</tr>
<tr>
<td><strong>Pizza</strong></td>
<td></td>
</tr>
<tr>
<td>Ham &amp; Pineapple</td>
<td>2.50</td>
</tr>
<tr>
<td>Cheese and Bacon</td>
<td>2.50</td>
</tr>
</tbody>
</table>

### Sandwiches & Rolls

<table>
<thead>
<tr>
<th>Item</th>
<th>S/wich</th>
<th>Roll</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plain butter or Vegemite</td>
<td>2.00</td>
<td>3.00</td>
</tr>
<tr>
<td>Salad</td>
<td>3.50</td>
<td>4.00</td>
</tr>
<tr>
<td>Ham &amp; Cheese</td>
<td>3.50</td>
<td>4.50</td>
</tr>
<tr>
<td>Egg &amp; Lettuce</td>
<td>4.00</td>
<td>5.00</td>
</tr>
<tr>
<td>Salad and Chicken or Ham</td>
<td>4.50</td>
<td>5.50</td>
</tr>
</tbody>
</table>

*Salad includes lettuce, tomato, grated carrot & cucumber & comes with or without mayo. Cheese extra 0.50c*
**Toasties/Jaffles**
- Cheese 3.00
- Ham & Cheese 3.50
- Cheese & Tomato 4.00
- Ham, Cheese & Pineapple 4.00
- Ham, Cheese & Tomato 4.00

**Wraps**
- Mini Wrap 4.00
- Large Wrap 6.00
  - Chicken-
  
  *tomato, lettuce, grated carrot, cucumber & mayo*
  
  - Ham-
  
  *tomato, lettuce, grated carrot, cucumber & mayo*
  
  - Salad-
  
  *tomato, lettuce, grated carrot, cucumber & mayo*
  
  - Cheese extra 50c

**Salad Box**
- 5.00
  - Lettuce, tomato, cucumber, carrot & dressing + choice of chicken, ham, egg or cheese

**Sushi Roll**
- 2.50 per roll
  - Teriyaki or Tuna Roll (GF)

**Ice-blocks & Ice Cream**
- Quelch 0.60
- Raspberry Mini Calippo 1.00
- Choc Shakey Cup 2.00
- Lemonade ice block 1.00
- Frozen Yogurt-
  - Chocolate or Vanilla (GF) 2.00
Drinks

Nippys Flavoured Milk-
Strawberry, Chocolate or Honeycomb 2.20 250ml
Nippys Water 3.50 750ml
2.00 500ml
Nippys Juice-
Orange, Unsweetened Orange, Apple,
Apple & Blackcurrant 3.50 500ml

Nippys Juice Box-
Apple & Blackcurrant, Apple 2.00 250ml

Milkshake-
Vanilla, Choc, Strawberry, Caramel 4.00

Ice Tea 3.50 500ml

Snacks

Vege Chips (GF) or Corntos (GF) 1.00
‘Red Rock Deli’ Chips-
Honey Soy Chicken or Sea Salt 1.00
Finger Bun-
Plain or Buttered 2.50
Muffin-
Blueberry or Choc Chip 2.00

Fresh Fruit-
Depending on seasonal price and availability 0.50-1.00

Slushie 2.00

“So whether you eat or drink or whatever you do, do it all for the glory of God” 1 Corinthians 10:31
**Lunch Dish of the Day**

**Monday**  
3.00  
*Pizza-*  
*Ham & Pineapple or Cheese & Bacon*  
+ Quelch Iceblock

**Wednesday**  
5.00  
*Hamburger-*  
*Chicken & Salad or Beef, Sauce & Salad*  
*or Vegetarian Patty & Salad*

**Thursday**  
4.50  
*Chicken Nuggets & Hash Brown + Sauce*  
+ Quelch Iceblock

**Friday**  
4.00  
*Hot Dog & Sauce*  
+ Lemonade Iceblock  
(Students will receive a voucher to collect these from the canteen window)

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**Primary Canteen is open Friday Lunch-times only and offers the following:**  
*Iceblocks-*  
*Quelch, Mini Callipo, Lemonade*  
*Chips-*  
*‘Red Rock Deli’ Honey Soy or Sea Salt*  
*Vege Chips, Cornitos (GF)*

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Our canteen aims to provide healthy & nutritious food & drinks.  
Menu items highlighted in **Amber** or **Green** show the foods which fall into each category.

We are happy to cater to your child’s special dietary requirements.  
Please Telephone Mandy on 85365401.

Lunch order bag packs (x10) can be purchased for 50c